



Whangarei

Northland, New Zealand

International Student Orientation

Welcome to Excellere College.

Who we are

We are a co-educational Christian College for students from Years 1-13. We are committed to meeting academic, physical, spiritual, and social needs of all our students.

We are a state-integrated College, operating with a 'special character' which supports Christian values and morals. Our purpose is to serve and work with parents who are involved in their children's education.

The college structure allows the students a smooth transition through their college years. From early learning foundations to outstanding qualifications in academic achievement the College strives to establish progress for all. In the Senior College students are given the opportunity to gain National Qualifications at the three NCEA levels.

The college is committed to offering students a wide range of sporting and cultural activities as well as maintaining an emphasis on academic achievement. A feature of the college is its safe, secure environment and small classes. The college makes an effort to meet each student's educational needs.

Vision Statement

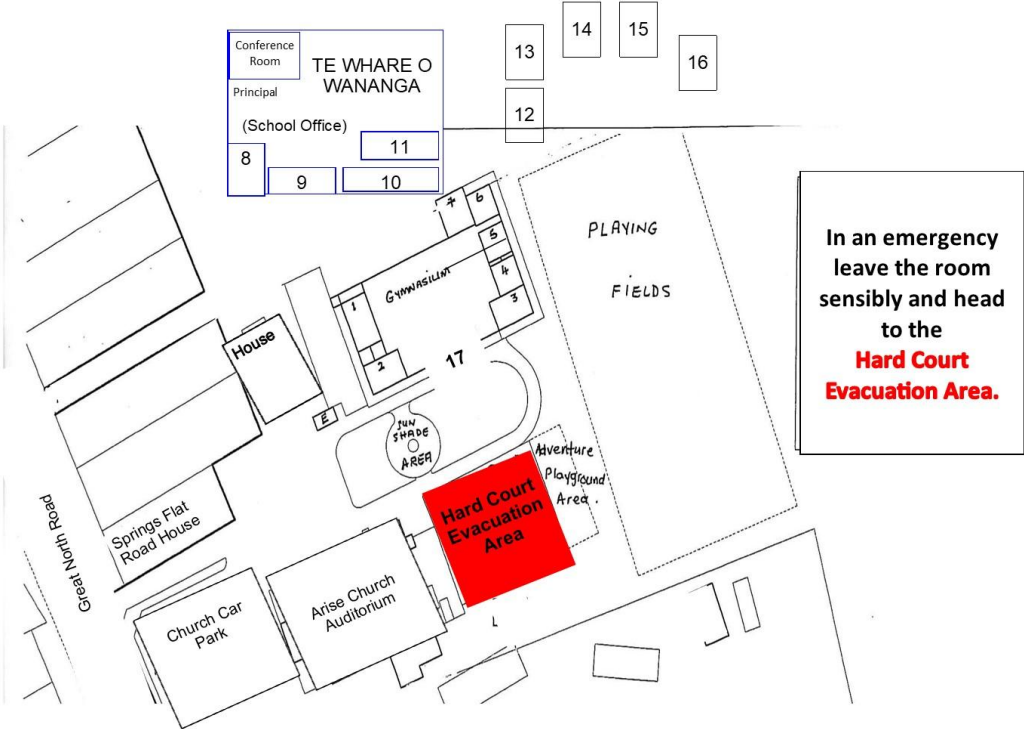
Excellence in learning

Christianity in living

Founded: 1980

Principal	Mr Graeme Whitehead
Senior Team Leader	Mr Ben Keyte
Middle Team Leader	Mrs Meagan Kelly
Board of Trustees Chairperson	Mr Mirko Wojnowski
International Manager	Mr Les Gribben
ESOL Teacher	Ms Marja Smith
Homestay coordinator	Mr Les Gribben
Office Manager	Mrs Carole Wootten

Location of Classrooms



What are the criteria for enrolment?

International Students enrolling at Excellere College must:

1. Have suitable supervised accommodation guaranteed for the entire college year enrolled.
2. Have parent(s) signed contract stating consent(s) to study at Excellere College before enrolment.
3. Prove that they have adequate travel, medical and personal loss insurance throughout their stay in New Zealand.
4. Inform Excellere College of any sickness, behavioural, disability or special education needs before enrolment.
5. Have attained Beginner level of the English language based on the Oxford Placement Tests (Grammar and Listening) or TOEIC test
6. Include the latest past college reports and examination results. Including a comprehensive reference from a past college Principal or Head Teacher with each application.
7. Meet the conditions of New Zealand Immigration Service student visa/permits requirements.
8. Accept the direction of the professional staff of Excellere College in subject and level placement.

What are the conditions of study at Excellere College)?

You must prove that you are a “**serious student**” by keeping to the following requirements:

1. You must attend all lessons and be on time. You must be ready to apply yourself fully to all college work.
2. As Excellere College has guaranteed you accommodation you must stay in an approved homestay under the college’s homestay programme for the length of your visa/permit. All students attending Excellere Colleges are not permitted to be in a flatting situation. They must have adult supervision at all times.
3. If you return to your home country during the set college holidays, you may not take extra time away from college unless authorised by the college Principal. You must not return to your home country before the end of the college year, having completed all course work and taken the appropriate examinations.
4. Your student visa/permit will be issued for Excellere College. You may not transfer to another college until that visa/permit expires or it has been reissued to another college through an official transfer process involving NZ Immigration.
5. If there is an adult designated as your parent’s representative in New Zealand this person must keep that role until the expiry date of your visa/permit.
6. Your parents must sign the parent contract, which proves that they understand and accept the conditions of enrolment at Excellere College.
7. Excellere College must be informed immediately of all changes of details i.e. student’s or parent’s change of address, telephone numbers etc.

Conditions Of Study

- You will be required to attend timetabled classes.
- Although a student can indicate the subjects and levels at which they wish to study, the final decision will lie with the college.
- You will have obtained a student permit to study at Excellere College.
- You will reside in a homestay approved by the college and comply with home stay rules.
- Your parent's contact address must be provided to the college, including physical address, phone and fax numbers and email address. You must notify the college of any change immediately.

College Code

- I will be neatly dressed with the correct uniform and footwear
- I will stay in college grounds unless I have permission to leave
- I will not steal, damage or interfere with others property
- I will place litter in the bins provided
- I will show respect to others. I will not hurt other people physically, verbally, or use offensive language
- I will not possess or use gum, tobacco, alcohol or harmful drugs or substances at college, or on college trips, or when I am identified as a member of Excellere College

Attendance

All students are expected to attend every day. Attendance is recorded in a daily register.

If non-attendance continues for three consecutive days without contact or notification the college will attempt to ascertain the reasons and to offer help or advice and will inform the student (or his/her agent) in writing that they are in danger of being removed from the course. This communication is recorded on student files. Attendance is a provision of international student's visa and non-attendance may result in loss of their student permit to study in New Zealand. In the case of international students the college will notify the New Zealand Immigration Service, as soon the student is de-enrolled. In such case, the Refund Policy will apply. A medical certificate may be required if you are absent for two or more days.

Withdrawal from courses

If you would like to change courses you must first have your parents or New Zealand caregivers permission in writing. This must be given to the Senior or Middle Team Leader so that he can proceed with the course change. You are unable to withdraw from a course of study unless you have the express permission of the Deputy Principal.

If you wish to withdraw from the college, you must, once again, have your parents permission in writing and they must make the necessary arrangements to transfer to another college or go back to your home country. The college will notify the appropriate authorities of your withdrawal.

Grievance Procedure

When complaints arise they need to be dealt with in a fair, efficient manner following an established criteria. For the purposes of this policy "complaint" are defined as being statements which express concern of some matter.

All complaints whether they are verbal or written need to be addressed within 24 hours. Complaints are to be stated in specific terms. Complaints will be dealt with in accordance to provisions in the award contract

Firstly approach your subject teacher, homeroom teacher, school nurse or the International Director. You may be referred to the Principal or Board of Trustees Chairperson.

If you still feel your problems have not been solved, you may contact the International Education Appeal Authority, whose address is:

International Education Appeal Authority
Level 1
86 Custom House Quay
Private Bag 32001
Panama Street
Wellington

Phone (64 4) 462 6660
Fax (64 4) 462 6686
Email: ieaa@justice.govt.nz
Website: www.justice.govt.nz

Your correspondence with IEAA should include:

- Your full name
- Your physical address
- Your telephone number
- Your email address
- If someone else is acting on your behalf, your confirmation that they are authorised to act for you
- Name and address of the Education Provider your complaint is about
- Date of course commencement
- If possible, copies of the enrolment document(s) you signed
- Brief details of the nature of the complaint
- Other relevant documentation relating to the enrolment, course taken and the complaint
- Information about the steps you have taken through the institution's internal complaints procedure
- The name(s) and contact details of other organisations that you have also referred your grievance

You must be able to show them that you have tried to get the college to act before you contact them. They will consult the college to see if anything can be done to help you.

If you do have a problem please ask for help while it is still a "little" problem. Do not wait for it to become a big problem. If you are not confident that your English is good enough you can always bring a friend who has better English, or request first language support.

Internal Support Services

The International Director is available to help you with any issues you maybe facing. In the absence of the International Director you may approach your Home Room teacher, subject teacher or the Guidance Counsellor.

First language support is available 24/7 by contacting The International Director.

Your International Director is: Mr Les Gribben
Phone Number/Text 027 6145311

External support services

Citizens' Advice Bureau	71 Bank Street, Whangarei	(09) 377 3314 Multi-lingual help
Anglian Care Centre	1b Deveron Street, Whangarei	09 4376397
Dept of Internal Affairs	www.dia.govt.nz	0800257887
Asian Health Support Service	Takapuna	(09) 486 8314
Kamo Medical Centre	Bush Road, Kamo	(09) 4350692
Human Rights Commission		0800 496 877
NZQA		www.nzqa.govt.nz
Ethnic Affair Language line		0800 656 656

General Expectations of International Students

- To attend college on a daily basis
- To use the sign IN and sign OUT book at the main office when late to college or leaving college during college time and returning to college during college time.
- To notify of any absence or intention of absence
- To provide details on the students whereabouts to the host family and College
- To provide any change of address or personal details of student, host-parents and parents
- Make sure your visa and passport is current. Your passport will need to be renewed if it has less than 3 months left to the expiry date. Your visa needs to be renewed at least a month before it expires.

Circumstances under which the college may Terminate Tuition

- If you seriously or continually disobey the college rules
- If you or anyone representing you provides false information
- If you acquire a criminal charge or commit a criminal act
- If you are not making any serious attempts in your classes to progress
- If you harass, abuse or insult a teacher, your host parent, student or a member of the public
- If you have not attended college regularly
- If the college can not provide for the student's needs
- If the board decides to terminate your enrolment

Orientation Programme

All new students are expected to attend the orientation programme. Students enrolled and starting at the beginning of the year are expected to attend Orientation Day on the first day of the college year, along with all returning students.

Students joining later in the year will be given orientation as they join.

The topics covered at orientation are as follows but is not limited to:

- Managing finances
- Living with another family
- College rules
- College map
- Testing and placement
- FFP policies
- Timetables and course information
- Kiwi Culture – sporting activities, recreational opportunities, cultural experience / protocol
- Expectations
- Communication with parents
- NZ road traffic safety. Transport options
- Health Services – accessing support
- Keeping safe
- Emergency procedures
- Weekly support meetings
- Making a complaint

On arrival at Excellere College a member of the Management team or the International Director will meet you at the office. They will introduce you to your Form class and arrange a "Buddy" student. The "Buddy" student will in turn introduce you to your subject teachers.

Apart from your International Director and Home Room Teacher, who will look after administrative and pastoral needs, the college also has a Guidance Counsellor and a Public Health Nurse who you can visit and talk to if the need arises.

Enrolments

The college should now have the following documents from you:

- tuition contract
- parent contract
- and the enrolment form

If you have not already had your passport photocopied and your Medical and Travel insurance details recorded by the college please do this now.

Homestay Expectations of International Students

Excellere College expects you to do your best to fit into NZ life. To attend college, show respect to your host family, and obey the house rules.

Some of the house rules are:

- You will make your own bed daily, and keep your room neat and tidy
- You will put out the laundry that need to be washed in the correct place for washing daily and help with the washing if requested
- You will help with household chores as requested or assigned
- You will not damage the walls with sticky tape or blue tac
- You will not colour your hair in the bathrooms or bedrooms
- You will shower every day and change clothes daily too. You must not be in the shower for longer than 5 minutes.
- You must ask permission to use the phone and note the calls made in the books provided. You are responsible for paying your host family the cost of any telephone calls.
- You must at all times make sure your host family knows where you are and with whom. Even if you leaving the house for a short time leave a note or inform them. Keep their phone number on you so you can call should the need arise. If you have a cell phone make sure your host parents have your number
- If you will be late for a meal or will not be joining the family let them know at least the night before. Do not phone just before dinner to let them know
- If you wish to have friends over make sure you have discussed this with the Host parents at least 24 hours ahead of time. A board maybe payable by your friend.
- No cooking or eating after 9.00pm. All food must be eaten in the main rooms not in the bedrooms. If you need to store some food items ask for a space in the kitchen cupboard.
- You must turn off the light when you leave the room or go to bed. If you need a light on during the night buy yourself a nightlight
- You must not smoke or drink alcohol while enrolled at Excellere College.
- If you are leaving town without your host parents you need to provide the Name, Address, and contact details of the person you are visiting to the Director at least 2 days before you plan to leave. You will not be allowed to go if the Director does not approve or does not have these details. If you go without approval you will be grounded.
- You must be in bed and asleep by 11.00pm every day. Exceptions maybe made for Fridays and Saturdays. Do not sleep after college, as this will spoil your sleeping pattern. An half hour rest is ok.
- You will be required to attend college every day. If you are sick the college requires notification either by a phone call or text to the school office.
- If you wish to leave college at lunchtime for any reason you must ask the host parent to write you a note as to the reason. You will take the note to the office and get a pass before you can leave college. You must remember to sign out in the sign out book at the main office before leaving college between 8.30am and 3.25pm – if returning please sign back in again.
- You **must do your homework and study your work** –THAT IS WHY YOU ARE HERE!
- You must give two weeks advance notice to the homestay and also notify the Internal Director if you will not be at your homestay for a week or more. A default payment of two weeks will apply otherwise
- All money refunded by the college will need refund notification from the person who paid the money in the first place.
- You must respect your host parents they are not your servants but people who are willing to care for you and give you a Kiwi experience
- You are welcome to discuss any problems that arise with either your homestay or in college with your homestay coordinator. This is the only way we can help you. (After hours phone: 09 4329611 or text 027 614 5311)

Refund conditions for International Students

Excellere College is a signatory to the NZ Code of Practice for the Pastoral Care of International Students.

The Policy is based on Section 4B (7) of the Education Amendment (No4) Act 1991, as follows.

If a student withdraws from his/her course of study before the completion date, he/she may be eligible for a refund of tuition fees. If a refund is requested, the following procedures and guidelines will apply:

To be eligible for a Refund:

- To be eligible for a refund, parents must complete a Refund Application form and give it to the Board of Trustees setting out the special circumstances of the claim within one month of the last day of attendance. You must also complete the official leaving process and attach the leaving certificate.
- In every case, the school undertakes to look fairly at applications for a refund of fees or part-fees.

If the application is made before the start of the course:

- Fees will be refunded in full, less an Administration Fee of NZD \$1000.00. This includes if a student is not granted a student permit to attend Excellere College.

If the application is made after the start of the course (*i.e. in Terms 1 or 2*), but before the second half of the course (*i.e. Terms 3 & 4*):

Fees will be refunded less:

- An Administration Fee of NZD \$1000.00
- Costs to the school already incurred for tuition
- Components of the fee already committed for the duration of the course
- Specialist fees (*if applicable*)
- Appropriate proportions of salaries for teachers and support staff (*if applicable*)
- Costs already incurred for the use of facilities and resources
- Any other costs already incurred.

If the application is made after the second half of a course:

- There will be no refund, except under exceptional circumstances. (See *Compassionate Refunds below*.)

Compassionate Refunds:

- In exceptional circumstances, refunds may be granted on compassionate grounds (e.g. death of a close family member, serious illness, accident). All such refunds will be at the discretion of the Principal and the Board of Trustees.

If an international fee-paying student gains residency during their course:

- No further fees are to be paid
- The new resident will then abide by the school enrolment scheme. Documentation of residency must be provided within 14 days of it being granted.

The Board of Trustees will make no refund:

- When a student is required to leave the school for a breach of the rules and conditions of enrolment at the school or has broken a New Zealand law.
- Where a student has been stood-down, suspended or excluded
- Where a student returns home for any reason other than serious illness, accident or death of a close family member
- If the enrolment application is found to be inaccurate in any way and the contract is terminated
- If a student wants to transfer to another school or educational institution

Homestay Fees

If you move out of your Homestay before the end of your Contract:

- The Homestay Placement Fee of NZD \$172.50 will not be refunded.
- All other unused Homestay Fees will be refunded, provided the Homestay has been given two weeks' notice that the student is leaving
- If the student does not give two weeks' notice, then two weeks' Homestay fees will be deducted from any refund.

Payment of Refunds:

- All refunds will be paid to either the parents of the student or to an agent with written authority from the parents. No refunds will be given directly to the student.

NOTE:

The New Zealand Immigration Service will be notified if any student ceases to attend EXCELLERE COLLEGE for whatever reason.

Summary Code of Practice for the Pastoral Care of International Students

Introduction

When students from other countries come to study in New Zealand, it is important that those students are well informed, safe, and properly cared for.

New Zealand educational providers have an important responsibility for international students' welfare.

This pamphlet provides an overview of the "Code of Practice for the Pastoral Care of International Students" (the Code), and provides a procedure that students can follow if they have concerns about their treatment by a New Zealand educational provider or agent of a provider.

What is the Code?

The Code is a document that provides a framework for service delivery by educational providers and their agents to international students. The Code sets out the minimum standards of advice and care that are expected of educational providers with respect to international students. The Code applies to pastoral care and provision of information only, and not to academic standards.

Who does the Code apply to?

The Code applies to all education providers in New Zealand with international students enrolled. The Code is mandatory to these providers and must be signed by them.

What is an "international student"?

An "international student" is a foreign student studying in New Zealand.

How can I get a copy of the Code?

You can request a copy of the Code from your New Zealand education provider. The Code is also available online from <http://www.nzqa.govt.nz/providers-partners/caring-for-international-students/>

How do I know if an education provider has signed the Code?

The New Zealand Ministry of Education maintains a register of all signatories to the Code. This is available online from <http://www.nzqa.govt.nz/providers-partners/caring-for-international-students>. If the education provider that you are seeking to enrol with is not a signatory to the Code, you will not be granted a permit from the New Zealand Immigration Service and you will not be able to study at that institution.

What do I do if something goes wrong?

If you have concerns about your treatment by your education provider or by an agent of the provider, the first thing you must do is contact the principal, the international student director, or another person who has been identified to you as someone that you can approach about complaints at your institution. The Code requires all institutions to have fair and equitable internal grievance procedures for students and you need to go through these internal processes before you can take the complaint any further.

If your concerns are not resolved by the internal grievance procedures, you can contact the International Education Appeal Authority (IEAA).

What is the International Education Appeal Authority (IEAA)?

The IEAA is an independent body established to deal with complaints from international students about pastoral care aspects of advice and services received from their education provider or the provider's agents. The IEAA enforces the standards in the Code of Practice.

How can I contact the IEAA?

You can write to the IEAA at:

International Education Appeal Authority Level 1 86 Custom House Quay Private Bag 32001 Panama Street Wellington	Phone (64 4) 462 6660 Fax (64 4) 462 6686 Email: ieaa@justice.govt.nz Website: www.justice.govt.nz
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What will the IEAA do?

The purpose of the IEAA is to adjudicate on complaints from international students. The IEAA will investigate complaints and determine if there has been a breach of the Code. The IEAA has the power to impose sanctions on education providers who have committed a breach of the Code that is not a serious breach. These sanctions include an order for restitution, publication of the breach, and / or requiring that remedial action be undertaken.

The IEAA will refer complaints that are not about pastoral care to another regulatory body if appropriate.

The education provider will be given a reasonable time to remedy the breach. If the breach is not remedied within that time, the IEAA may refer the complaint to the Review Panel.

The IEAA can determine if it considers that a breach of the Code is a serious breach. If the breach is a serious breach, the IEAA will refer the complaint to the Review Panel.

What can the Review Panel do?

The Review Panel can remove or suspend an education provider as a signatory to the Code, meaning that the provider would be prevented from taking any more international students. Only the IEAA can refer complaints to the Review Panel.

A summary of the Code of Practice for the Pastoral Care of International Students

The Code sets standards for education providers to ensure that:

- high professional standards are maintained
- the recruitment of international students is undertaken in an ethical and responsible manner
- information supplied to international students is comprehensive, accurate, and up-to-date
- students are provided with information prior to entering into any commitments
- contractual dealings with international students are conducted in an ethical and responsible manner
- the particular needs of international students are recognised
- international students are in safe accommodation
- all providers have fair and equitable internal procedures for the resolution of international student grievances

Full details of what is covered can be found in the Code itself.

The Code also establishes the IEAA and the Review Panel to receive and adjudicate on student complaints.

Kiwi Culture

Be prepared for a major shift in outlook and a whole lot of fun while you appreciate life at a mellower pace. New Zealanders, also known as 'Kiwis', are seriously good for taking care of your well-being.

Laid-back, Kiwis tend to approach life with a 'let's just get on with it' attitude. Before they kick started the economy with cutting edge agriculture and high tech ideas, New Zealand life was all about making do with what you had, resulting in a culture based on 'kiwi ingenuity' and a can-do attitude.



Kiwis have drive but recognize that everything has its place in time, and, well, if it doesn't quite happen this week, you know they'll soldier on – and the job will get done using a bit of ingenuity, a sizable dose of common sense and in good humor.

New Zealand culture is a fusion of many – including indigenous Maori, Pacific Island, European and, more recently, Asian. With a population of just over four million, Kiwis live on a couple of islands in the South Pacific surrounded by an incredibly diverse, unspoiled landscape

Kiwi Etiquette

General New Zealand Etiquette

You will find that New Zealanders are generally very friendly, obliging and polite. In turn, it is expected that visitors behave in kind. Rude or demanding behaviour is not appreciated.

Dining Out in New Zealand

Tipping

It is not conventional to tip in New Zealand and restaurants do not add service charges to their bills. In the case of exceptional service a tip may be warranted, though it is not generally expected.

Dress

New Zealanders are generally laid back when it comes to dining. Most bars and restaurants require tidy dress, but few require suits and ties.

BYO

Some restaurants are "BYO". This is an acronym for "Bring Your Own" – meaning it is acceptable to bring your own wine (and occasionally beer). Generally a small corking fee is charged.

Maori & Marae Protocol

As a tourist you may wish to visit and take photos of Maori landmarks or buildings. This is generally acceptable, as long as you first consult with the community and elders associated with the landmark or building.

Always remember:

- Many Maori sites are *Tapu* (sacred). Areas such as burial grounds are particularly *Tapu* and not to be touched.
- It is not acceptable to sit on surfaces used for eating or food preparation.
- Food is not consumed inside the meeting house (*Wharenui*).
- Footwear is always removed before entering the meeting house.
- *Marae* (meeting grounds) are not tourist attractions - they are a vital and extremely sacred part of Maori life. Always ask permission before entering a marae.

Marae Protocol

Another great option whilst in New Zealand is to partake in an organised *Marae* visit. Here you will experience a traditional welcome (*powhiri*) and learn about Maori protocols, culture and mythology.

A marae visit follows this structure:

Powhiri (Formal Welcome)

The formal welcome begins with a *wero* (challenge). During the *wero* a host warrior will challenge the guests (*manuhiri*). Carrying a spear (*taiaha*), the warrior will lay down a token for the guests to pick up - indicating they come in peace.

A group of host *kuia* (women) then perform a *karanga* (chant) of welcome. Women from the group of guests in turn respond as they move onto the *marae*.

Whaikorero (Speeches of Welcome)

Once inside the *wharenui* (meeting house), *mihimihi* (greetings) and *whaikorero* (speeches) are made. *Waiata* (songs) may also be sung.

After greeting the hosts with a *hongi* (traditional touching of noses) the guests will then present a *koha* (gift) to the hosts.

After the formal greetings *kai* (food) is shared.

Kiwi Language

Like most former British colonies, New Zealanders speak English – albeit with a uniquely kiwi twist. New Zealand actually has two official languages – Maori and English – though the use of Maori as a first language is not widespread. Even so, many place names are Maori in origin (try tongue-twisters such as Paekakariki, Turangawaewae or Ngaruawahia!), and most government agencies have bilingual names.

New Zealand English is, in itself, a unique language full of many colloquialisms foreigners will find challenging at times to decipher.

So, if you don't know how to rattle your dags, no worries mate – she'll be right!

Guide to Kiwi Slang

Some common Kiwi colloquialisms you may encounter on your visit:

bach	holiday home	mate	buddy, friend
brassed off	annoyed	no worries	no need to worry
choice	very good	pakeha	non-Maori New Zealander
crikey	wow!	rattle your dags	hurry up
crook	unwell	she'll be right	not a problem
cuppa	cup of tea, coffee	stubby	small bottle of beer
dairy	corner store	stuffed	really tired
dunny	toilet	suss	to figure out
fizzy drink	soda pop	ta	thanks
flash	looking good	tata	goodbye
good on ya, mate!	well done	take-aways	fast food
good as gold	affirmative answer	take a hike	go away!
hard yakka	hard work	tea	dinner
hunky dory	everything's fine	tiki tour	scenic tour, roundabout way
jandal	thongs, flip-flops	tramping	hiking
jersey	sweater	tomato sauce	ketchup
lift	elevator	wellies	gumboots
lolly	candy	wop-wops	out of the way location
loo	toilet	yonks	forever

Maori Language

Many Maori words have been absorbed into day-to-day use, and are commonly used in conversation.

Aotearoa	New Zealand: "Land of the Long White Cloud"	Tangata Whenua	Original people, people belonging to the land
Aroha	Love, compassion	Tangi	Funeral, mourn
E noho ra	Goodbye (from person leaving)	Taonga	Treasured possession, anything precious
E haere ra	Goodbye (from person staying)	Tapu	Sacred, not to be touched
Haere mai!	Welcome!	Tena koe	Formal greeting to one person
Haka	War dance, challenge	Tena koutou	Formal greeting to many people
Hapu	Clan, sub-tribe	Tena tatou katoa	Formal inclusive greeting to everyone
Hui	Gathering, meeting	Turangawaewae	A place to stand, home
Iwi	People, tribe	Wahine	Woman
Kaumatua	Elders	Waiata	Song
Kia Ora!	Hi!	Waka	Canoe
Mana	Authority, power	Whakapapa	Genealogy
Marae	Meeting house complex	Whanau	Extended family
Pakeha	Non-Maori, European	Whare nui	Meeting house
Pounamu	Greenstone, Jade	Whare	Carved meeting house
Tamariki	Children	Whakairo	
Tane	Man	Whenua	Land, homeland, country

Maori Pronunciation

Maori consists of five vowels: a e i o u

- 'a' as in 'far'
- 'e' as in 'egg'
- 'i' like the 'ee' in 'fee'
- 'o' sounds like "or"
- 'u' like an 'o' in 'to'

The consonant 'wh' sounds similar to the English 'f'.

The 'ng' sound is similar to the 'ng' sound in a word like 'sing'.

Follow Your Dreams

New Zealand Welcomes You but
be prepared for the natural
"U Curve" of Adjustment



Leaving Home

- Nervous
- Excited
- Happy
- Sad
- Full of Hope



Arrival in New Zealand

- Confused
- Tired
- Still Happy
- Adventurous
- Everything is new
- Everything is different



Culture Shock

- Lonely
- New Food
- Difficult to study
- Foreign environment
- Frightened
- Hard to make friends
- Tired from speaking English all the time.
- Nothing seems right



What Have I Done?

- Extremely homesick missing family, friends, shops, food and pets.
- Miserable
- Was I right to come to New Zealand?
- Does anybody like me?
- Hopelessness
- Everything is terrible
- Want to sleep all the time



Settling In

- Enjoying Study
- Making friends
- Beginning to adapt to new culture
- Things are not so bad
- Getting involved in school activities
- Enjoying different food.
- Understanding English
- My homestay feels like home



- New Zealand's Great
- Now feeling confident, successful and happy
- Hope for the future career
- A definite purpose to be in NZ
- Looking forward to uni

Pedestrian safety information should include:

- Advice that cars won't always stop for pedestrians
- Use of controlled crossing points (pedestrian crossings, pedestrian traffic lights) where possible
- Using the kerb drill to cross the road:
 1. Find a safe place to cross
 2. Stop one step back from the kerb (practise this by walking to the kerb and taking one step back)
 3. Look and listen for traffic wherever it may come from (Look right, look left, look right again).
 4. If there is traffic coming wait until it has passed, then look and listen for traffic again.
 5. When there is no traffic coming walk quickly straight across the road, looking each way for traffic.
- Local councils often have bylaws about where you are allowed to use skateboards. Areas where you may not use usually sign posted, but you are not permitted to skateboard on the road, and generally you will not be permitted use skateboards on busy footpaths.

Cyclists safety information should include:

- Cyclists are required by law to wear a properly-fitted, standards-approved bicycle helmet, when riding a bicycle or road. Cyclists should ride on the road not on the footpath
- The LTSA and New Zealand Police recommend that children under 10 years old ride on the road only when accompanied by a responsible older person.

Passenger safety information should include:

- Private cars
Drivers and passengers are legally required to wear safety belts and can be fined for not wearing safety belts
 - School and public buses
 - a) Wait for the bus at the bus stop
 - b) Get on the bus carefully
 - c) Sit back in your seat quietly on the bus and don't distract the driver
 - d) Get off the bus carefully and wait until the bus has driven away before crossing the road.
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Record of completion of orientation Day

Date:

Name:

Signed: