



Excellere College

Whaia te Maramatanga o Te Karaiti

Excellence in Learning - Christianity in Living

Newsletter - Te Pānui

March 11 2022

Term 1 Week 6

Upcoming Events

- 14 & 15 Yrs 12 & 13 First Aid
- 15 March Yrs 7-9 St John
- 17 March Yrs 7 & 9 Orienteering
- 18 March Year 8 Orienteering
- 18 March Level 1 Art Photography trip
Town Basin
- 30 March Year 7 Mural Walking Tour
- 13 April Photolife - School Photo day

School Sports & Vaccine Mandates

It looks like students over 12 will be able to compete in school sport in Term 2 without requiring a vaccine pass. The vaccine pass requirements are being lifted on the 15th March.

For now most school sports events this term have been cancelled. I will continue to watch this area and let you know what is happening.

- Zola McDonald, Sports Coordinator

From the Principal

On earth as in heaven

We had our first positive cases of Covid this week, students and staff. It was inevitable that it would impact us as it is in our wider community and we are all trying to return to some normality in our lives. We pray that those who test positive do not become too ill, and that household isolation is not too difficult. Household isolation has now reduced to seven days from tonight. We all need to ensure we have a support plan in place in case of isolation, including food, medicines and contacts to deliver supplies, if necessary. We will continue to follow appropriate Health & Safety measures at school. Wearing a mask will limit any spread amongst students and staff, if you are positive and don't know it, so we encourage this at school. This small action may save others from catching Covid.

Our Year 7 - 13 Athletics, held on Wednesday, was very successful. On an overcast day our students were able to run, jump and throw in most events. A huge thank you to Mr Keyte, Miss McDonald, Peter, and their helpers for setting up the day. It was wonderful to see our four Houses competing in a friendly spirit, and some impressive results were recorded.

The Good Samaritan (Luke 10: 25-37) helped when it was not asked for, or expected. This is an example of 'love your neighbour' that Jesus models for us. As the world seems to become more individual, more offended, more violent, more an 'us and them' culture we need to remember that we follow Christ, and His ways. We need to become more neighbourly, more merciful, more loving, more an 'us' culture. This is the Kingdom we live in now, and to come. This is 'on earth as it is in heaven', this is the light that we shine for others to see. This weekend show love to your neighbour, not matter the differences.

Blessings
Graeme Whitehead, Principal

"Our Father who is in heaven, hallowed be Your name. Your Kingdom come. Your will be done, on earth as it is in heaven."

Matthew 6: 9 - 10 (NASB)

Excellere College Netball

Online registrations are open now.

If your child wants to play netball this season you will need to type the link into your browser and fill out the online form below:

<https://www.sporty.co.nz/excellerecollege/netball-registrations-2022/tab1>

Even if you have completed the paper form from the office, please fill this in ASAP. The sooner I have these registrations, the sooner I can sort out the teams.

If you are wanting to coach or help, you will need to register yourself for this too using the same form.

Netball Mandates: I am still waiting to hear what the netball centre has decided to do, but at the moment the recent information that I have received states that school teams will not require a vaccine pass, however, clubs may still wish to do this. I am asking for the netball centre to remove this question from the sporty online form so that those who are over 12 won't get stuck on that question.

Zola McDonald
Sports coordinator



Junior College St Johns Visit

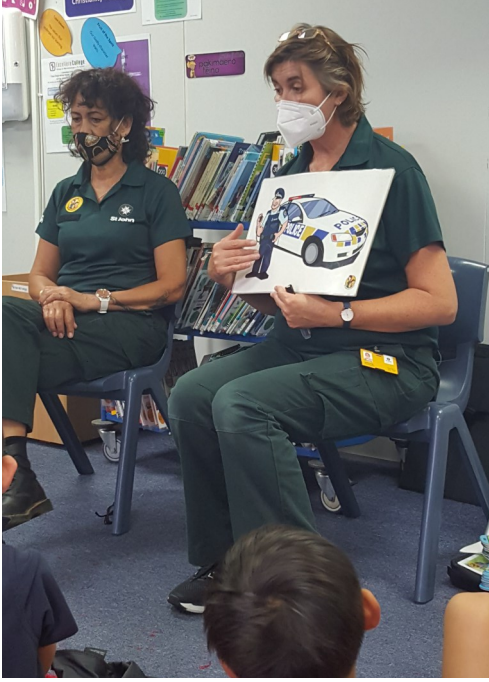
This week our Years' 1-6 has been visited by ASB St John in School. The ASB St John in schools' programme provides learning experiences for pre-school, primary and intermediate school-aged children to empower them to act in an emergency.

This programme supports our local curriculum and learning. The programme aims to develop confident young New Zealanders who care for the health and well-being of their communities and provides young people with the skills and knowledge to respond in

an emergency situation.

The students had the opportunity to practice how to respond in an emergency by applying the Five finger rule. They learnt how to make a 111 call and how to respond to the operator. They also learnt how to help an injured person when they are bleeding. Students also learnt how to keep themselves safe and look out for risks at home and school, and to explore making safe decisions.

- Amanda Annandale, Acting Junior College Leader



Excellere College Year 7-13 Athletics Day

We had an absolutely fantastic athletics day on Wednesday, with bonus events the day before (1500m) and after (100m and 200m finals) the big event. It was great to be competing on our grounds, with a special mention needing to be made to Zola for organising all the events, and markings, and Peter putting in the markings for a number of events.

Students competed with pride and determination throughout the day with some top performances being recorded. Special mention must be made for Bianca Heise breaking the school records in the girl's open division for Shotput, Discus, High Jump and 1500m with Ella Yung also breaking the U14 girls Long jump record. Congratulations to all those who participated on the day, and well done Parakiore house for winning the overall event!



Athletics House Points		
1st	Parakiore	532
2nd	Hikurangi	512
3rd	Parihaka	483
4th	Hurupaki	439



Excellere College Year 7-13 Athletics Day



Excellere College Athletics Day Results 2022

High Jump

<p>U12 Girls 1st: June 2nd: Lucy 3rd: Mariesa</p> <p>U14 Girls 1st: Dehlia (1.20m) 2nd: Ella (1.15m) 3rd: Jaynee (1.10m)</p> <p>U16 Girls 1st: Ulricke (1.32m) 2nd: Rhian (1.24m) 3rd: Jessica (1.10m)</p> <p>Open Girls 1st: Bianca (1.34m) New Record 2nd: Rhianna (1m)</p>	<p>U12 Boys 1st: Izzy (1.04m) 2nd: Johney 3rd: Tylah</p> <p>U14 Boys 1st: Aiden (1.42m) 2nd: Malan (1.35m) 3rd: Declin (1.32m)</p> <p>U16 Boys 1st: Josh C. (1.44m) 2nd: Matthew (1.42m) 3rd: LJ (1.40m)</p> <p>Open Boys 1st: Ryan W. (1.46m) 2nd: Caleb D. (1.44m) 3rd: Zyber (1.32m)</p>
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Long Jump

<p>U12 Girls 1st: Kelly (3.25m) 2nd: June (3.11m) 3rd: Mariela (3.06m)</p> <p>U14 Girls 1st: Ella (4.10m) New Record 2nd: Kaufo'ou (3.25m) 3rd: Zoe (3.09m)</p> <p>U16 Girls 1st: Aimee (3.94m) 2nd: Rhian (3.81m) 3rd: Dani (3.70m)</p> <p>Open Girls 1st: Bianca (4.36m)</p>	<p>U12 Boys 1st: Izzy (3.36m) 2nd: Jacob (2.8m) 3rd: Johney (2.2m)</p> <p>U14 Boys 1st: Malan (4.48m) 2nd: Aiden (4.30m) 3rd: James (4.20m)</p> <p>U16 Boys 1st: Matthew (4.80m) 2nd: LJ (4.45m) 3rd: Josh C. (4.17m)</p> <p>Open Boys 1st: Ryan W. (5.69m) 2nd: Cody (4.32m) 3rd: Caleb D. (3.93m)</p>
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Shot Put

<p>U12 Girls 1st: Mariela (5.76m) 2nd: Leti (5.47m) 3rd: Zoe (5.34m)</p> <p>U14 Girls 1st: Trisha (7.5m) 2nd: Kaufo'ou (6.7m) 3rd: Abinaya (6.3m)</p> <p>U16 Girls 1st: Rhian (8.89m) 2nd: Jessica (7.39m) 3rd: Dani (7.36m)</p> <p>Open Girls 1st: Bianca (10.25m) New Record</p>	<p>U12 Boys 1st: Johney (5.07m) 2nd: Luan (4.83m) 3rd: David S. (4.40m)</p> <p>U14 Boys 1st: Malan (7.67m) 2nd: Aiden (7.27m) 3rd: Declin (6.41m)</p> <p>U16 Boys 1st: Morgan (9.07m) 2nd: Miguel (8.56m) 3rd: Josh C. (8.26m)</p> <p>Open Boys 1st: Josh S. (9.2m) 2nd: Ryan W. (8.30m) 3rd: Cody (8m)</p>
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Discus

<p>U12 Girls 1st: Mariela (10.58m) 2nd: Zoe (9.72m) 3rd: June (9.67m)</p> <p>U14 Girls 1st: Kaufo'ou (14.76m) 2nd: Trisha (13.22m) 3rd: Dehlia (12.64m)</p> <p>U16 Girls 1st: Jessica (23.05m) 2nd: Dani (18.70m) 3rd: Kitchie (18.12m)</p> <p>Open Girls 1st: Bianca (26.36m) New Record 2nd: Abby (12.23m) 3rd: Rhianna (3.03m)</p>	<p>U12 Boys 1st: Luan (13.62m) 2nd: Johney (12.83m) 3rd: Izzy (10.15m)</p> <p>U14 Boys 1st) Aiden (19.36m) 2nd) Declin (17.34m) 3rd) Malan (16.88m)</p> <p>U16 Boys 1st: M'lago (28.30m) 2nd: Josh C. (27m) 3rd: Joel (22.63m)</p> <p>Open Boys 1st: Josh S. (23.82m) 2nd: Tristan (21.07m) 3rd: Ryan W. (17.93m)</p>
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100m

<p>U12 Girls 1st: June (15.28sec) 2nd: Leti (15.94sec) 3rd: Kelly (16.28sec)</p> <p>U14 Girls 1st: Te Rina (15.97sec) 2nd: Ella (15.99sec) 3rd: Natalie (16.25sec)</p> <p>U16 Girls 1st: Rhian (15.21sec) 2nd: Bella (15.50sec) 3rd: Ulricke (16.28sec)</p> <p>Open Girls 1st: Bianca (13.88sec) 2nd: Rhianna (28.34sec)</p>	<p>U12 Boys 1st: Izzy (15sec) 2nd: Johney (16.56sec) 3rd: Tylah (16.82sec)</p> <p>U14 Boys 1st: Malan (14.59sec) 2nd: Aiden (14.63sec) 3rd: Connor (15.94sec)</p> <p>U16 Boys 1st: Josh C. (13.53sec) 2nd: Lahratio (13.71sec) 3rd: Rhys (13.84sec)</p> <p>Open Boys 1st: Ryan W. (12.35sec) 2nd: Josh S. (14.62sec) 3rd) Cody (15.16sec)</p>
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200m

<p>U12 Girls 1st: June (33.78) 2nd: Kelly (36.37sec) 3rd: Leti (37.97sec)</p> <p>U14 Girls 1st: Natalie (37.16sec) 2nd: Ella (37.56sec) 3rd: Dehlia (38.07sec)</p> <p>U16 Girls 1st: Rhian (34.53sec) 2nd: Ulricke (36.19sec) 3rd) Bella (36.75sec)</p> <p>Open Girls 1st: Bianca (32.25sec) 2nd) Rhianna (1min 10sec)</p>	<p>U12 Boys 1st: Izzy (35.12sec) 2nd: Johney (36.97sec) 3rd: Tylah (40.56sec)</p> <p>U14 Boys 1st: Malan (32.72sec) 2nd: Aiden (32.81sec) 3rd: Declin (33.29sec)</p> <p>U16 Boys 1st: Josh C. (29.53sec) 2nd: Lahratio (30.93sec) 3rd) Matthew (31.19sec)</p> <p>Open Boys 1st) Ryan W. (29.09sec) 2nd) Caleb D. (33.35sec) 3rd) Josh S. (38.53sec)</p>
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Excellere College Athletics Day Results 2022

Javelin

U12 Girls
1st: Mariela (9.3m)
2nd: Leti (9m)
3rd: Kelly (8.9m)

U14 Girls
1st: Dehlia (17.1m)
2nd: Trisha (12.8m)
3rd: Jaynee (12.3m)

U16 Girls
1st: Kitchie (19.7m)
2nd: Rhian (17.9m)
3rd: Dani (17.5m)

Open Girls
1st: Bianca (29.1m)
2nd: Guinevere (7m)
3rd: Rhianna (5.75m)

U12 Boys
1st: Johney (11.1m)
2nd: Luan (10.7m)
3rd: Izzy (10.3m)

U14 Boys
1st: Heinz (18.9m)
2nd: Keanu (17.3m)
3rd: Malan (16.2m)

U16 Boys
1st: Miguel (26.5m)
2nd: Lahratio (25.1m)
3rd: Jaeyun (22.7m)

Open Boys
1st: Ryan W. (24.6m)
2nd: Cody (18m)
3rd: Tristan (11.9m)

1500m

U12 Girls
1st: Kelly (7.50m)
2nd: June

U14 Girls
1st: Jaynee
2nd: Abinaya

U16 Girls
1st: Ulricke

Open Girls
1st: Bianca(6:09m) **New Record**

U12 Boys
1st: David S.

U14 Boys
1st: Declin

U16 Boys
1st: Josh C. (5.10m)
2nd: LJ
3rd: Lahratio

Open Boys
1st: Ryan W.
2nd: Caleb D.

Northland Secondary School Mountain Biking Champs



Last Friday Joel Shoemaker and Ethan Blackwood competed in the NSSSA mountain biking individual championships at Waitangi Mountain Bike Park. Both boys entered the Cross Country event which required them to complete numerous laps of a set course within an hour. The course was full of rocks, steep inclines and

some fun descents. Joel, as a junior boy, had to complete 8km of the course and Ethan, as a senior boy, had to complete 12km.

Joel and Ethan did really well to get the event done with confidence and come away with no mishaps and with smiles on their faces.

- Zola McDonald, Sports Coordinator

Thanks to Our Business Sponsors:

Business advertising available \$5 per week, \$50 per term or \$200 per year. The money raised will go towards digitally printing the school year book.

For details contact:
julie.hale@excellerecollege.school.nz

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09 556 0457 or 022 311 0180
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022 164 5225
admin@justlistedpm.co.nz
www.justlistedpm.co.nz



Caleb Lawrence Orthodontics

Caleb Lawrence Orthodontics is a specialist orthodontic practice based in Whangarei. We pride ourselves on providing quality personalized treatment to patients in our care.

Phone: (09) 430 3331
Email: hello@clorthodontics.co.nz
Website: www.clorthodontics.co.nz
Facebook: Caleb Lawrence Orthodontics



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Find us on Great North Road, come in and chat to the experts and make your next home a Keith Hay Home

Lauren Renney – Sales Consultant
M:021 1924233
E: Lauren.renney@khh.co.nz

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