



# Excellere College

Whaia te Maramatanga o Te Karaiti

**Excellence in Learning - Christianity in Living**

Newsletter - Te Pānui

June 7 2024

Term 2

Week 6

## Upcoming Events

8 June Saturday	Senior Ball 6-11pm McKay Stadium, Kensington
11 June Tuesday	Whole School Cross Country
13 June Thursday	Table Tennis Novice Year 7-8
14 June Friday	Year 7 Vision and Hearing Conference Room
18&19 June Tue & Wed	DOE Pinnacles
21 June Friday	Careers Expo, Year 10 - The Cloud, Auckland
21 June Friday	School Assembly World Vision Launch Event <b>Mufti Day—Gold Coin</b>
25 June Tuesday	NSSSA Cross Country Champs Year 7-13
<b>28 June Friday</b>	<b>Matariki Public Holiday</b>
1-4 July Mon-Thurs	Middle College Museum Exhibition
2 July Tues	Renew Exchange @Excellere Turbo Touch Year 9 12.30 - 3 pm
5 July Friday	Last Day of Term 2 Reports Home
22 July Monday	First day of Term 3
30 July Tuesday	3x3 Basketball Festival Year 9-10
1 Aug Thursday	Learning Conferences

## From the Principal

Kia ora/Kamusta/haai Excellere College whānau/families,

Term 2 is traditionally a very busy time with so many exciting events taking place within the school community. Thanks to all staff and parents who give up so much of their own time to support students as they take advantage of these opportunities. Netball has been in full swing, Show Quest, Duke of Edinburgh, Excellere College Ball and many other events have been adding to the richness of the educational experience here at our school. Our Year 10 students (and teachers) have been working hard towards achieving their Literacy and Numeracy Co-Requisite examinations. This an introduction into the formal examination process within Years 11-13.

The flu season has hit the community hard with many staff and students needing to stay home and recover. Although we want students to come to school to maintain their learning it is a difficult balance between wellness and academic progress. In many cases students can continue working from home if they feel well enough. Please remember to contact the office to let us know if your child will be absent from school.

Our school community continues to grow with new families joining us from overseas, around New Zealand and from within the Whangārei area. We feel so blessed to have you all becoming part of the Excellere College whānau (family). We do have substantial waiting lists in some year groups so we strongly encourage parents to pre-enrol their children well in advance. I feel so fortunate to be serving a community that so openly welcomes new families and encourages them to make this school their home.

A few weeks ago several parents attended a cyber safety evening. This covered many areas where our precious children are exposed to worldly influences online. I received reports that the evening was excellent, if not confronting and a little scary! I strongly encourage all parents and carers to check in with their kids and look through their devices together. Encourage our young people to be responsible cyber citizens. One place to start could be to make sure all phones and other devices are charging in the kitchen and not in kid's rooms overnight.

We continue to hold our whole school devotions in the gym each Monday morning 8:55am-9:15am. All whānau members are welcome. Come along and take part in collective praise and worship and listen to a short Christian message.

Nearly everyone I speak to at the moment says they feel frantically busy. This is a great time to remember to rest in Him. I try to set aside time everyday to be present in the word and pray. Sometimes it may just be five minutes. It does seem ever more difficult to wrench that time to simply be present and listen. Pray over the little things with a sense of gratitude. All school staff thank you for your continued support.

Sending blessings to all the Excellere College community,  
Andy Mouat, Tumuaki

## Support Staff Appreciation Day

Earlier this term we had Support Staff Appreciation day. It turned into a week of shared lunches with a large celebration on the Thursday. Students wrote letters of appreciation as well as gifts and speeches. We appreciate you all so much.





**muzz IT**  
Taming your Technology

**Your Local Home & Business IT Specialists**

**Need Emergency IT Support? Call Us Now!**

**09 556 0457 or 022 311 0180**  
**Email: [office@muzzit.co.nz](mailto:office@muzzit.co.nz)**  
**[www.muzzit.co.nz](http://www.muzzit.co.nz)**

## Advertise Here for 2024

Advertise your event or business HERE in the school newsletter. \$100 a Year for 12 Newsletters or \$10 per single advertisement. For more information contact: [julie.hale@excellerecollege.school.nz](mailto:julie.hale@excellerecollege.school.nz)

## Chromebook Repair Help

We have a number of chrome books that have been accidentally damaged or have past their lease life. Is there anyone in our school community that could assist with repairs?

If so, could you contact the school office. Any expertise would be greatly appreciated.



## Yummy Apple Stickers

Bring your apple stickers to Room 4 (Mrs Shanks and Mr Reynolds' room), and receive a house point token to put in your house box in the school foyer. This is a house competition, so get as many tokens for your house as possible. The more stickers we get, the more sports gear we will get for the school.



Time to COLLECT Yummy apple stickers for our schools share of  
**\$200,000 FREE SPORTS GEAR**  
The more we collect, the more gear we get!

**EAT YUMMY APPLES & BRING YOUR STICKERS TO SCHOOL!**



## Dental Health



**FREE dental care for under 18s**  
Kei raro iho i te tekau mā waru, kāhore he utu

### TIPS TO KEEP YOU SMILING

**Fluoride in toothpaste helps prevent tooth decay**  
Avoid eating or drinking after brushing teeth, especially at night so the Fluoride can keep working to protect and strengthen teeth.

Need a dental appointment for your child?  
**0800 MY TEETH (0800 698 3384)**  
**Monday to Friday 8am to 4:30pm**



**Te Whatu Ora**  
Health New Zealand

**0800 698 3384**  
(0800 MY TEETH)

## Photo Consent

If you selected 'no photo consent' on your enrolment application, photos of your child in the newsletter will usually be covered. If you would like to make an exception for the school newsletter, please contact the school office to update this.

## Excellere School Cross Country Timetable

### Tuesday 11th June

The school cross country/mud run will be going ahead regardless of the weather. We aim to keep kids out of the rain while they are not running, but they will get wet/dirty during their event.

**Please make sure your child comes to school with a towel and a complete change of clothes.**

Time	Age groups	2024 X Country Timetable
9:10	Year 1 Girls Year 1 Boys	See course map board by start line
Awards Ceremony (if raining, awards will be given under the covered area outside gym)		
9:25	Year 2 Girls Year 2 Boys	See course map board by start line
Awards Ceremony (if raining, awards will be given under the covered area outside gym)		
9:45	Year 3 Girls Year 3 Boys	See course map board by start line
Awards Ceremony (if raining, awards will be given under the covered area outside gym)		
10:10	Girls 8 years on 1st Jan Boys 8 years on 1st Jan	See course map board by start line
Awards Ceremony (if raining, awards will be given under the covered area outside gym)		
10:30	Girls 9 years on 1st Jan Boys 9 years on 1st Jan	See course map board by start line
Awards Ceremony (if raining, awards will be given under the covered area outside gym)		
10:50	Girls 10 years on 1st Jan Boys 10 years on 1st Jan	See course map board by start line
Awards Ceremony (if raining, awards will be given under the covered area outside gym)		
<b>11am Interval</b>		
11:30	Year 7/8 Girls Year 7/8 Boys	1 lap then modified last lap, approximately 3.5km
12:30 All Year 9 to 13 to run (No classes for Year 9-13 during Period 4 12:20-1:20)	Year 9 Girls/Boys  Under 16 Girls/Boys  Open Girls/Boys	All these students will run together.  2 laps approximately 4km in total  Under 16 girls/boys and open girls/boys.
1.00pm	pack up	Y10-13s are back in class



## Year 5&6 Winter Sports Tournament

We were very excited to attend the Whangarei Primary School Winter Sports Tournament this year after it was cancelled last year due to poor weather conditions. Although the weather was somewhat terrible on this day with strong cold wind gusts and rain, we all still managed to have a fun day playing sports.

We sent 45 kids from Year 5-6 to participate with many other schools in the Whangarei area, where there are usually over 1500 students who attend. We participated in netball, rippa-rugby, gymnastics, basketball, badminton, table tennis and football. The kids had a great day, battling other schools and learning how to run for cover when the rain/wind came across. I was looking after the netball girls and I have to say that I was really impressed with how the girls managed the poor weather, looking after each other and their overall positive vibes.

I have said this before, we can't do these events without the support of our parent and staff community so I would like to say a special thank you to the following people: Carlo Aprea, thank you for transporting and managing the basketball players, Melanie Boshoff, thank you for transporting and managing the table tennis players, Peter Thorne, thank you for transporting and managing the Rippa-Rugby players. Thank you to the staff, Amie Garton, Jess Shanks, Christian Reynolds and Nat Brown for transporting and managing teams also.

This event is a biggie on the calendar and it can only happen when we have a great team, so thanks again.

- Zola McDonald, Sports Coordinator





## Buddy Class Reading Year 3/4 & 7/8

Budding reading buddies in the library together. Year 3 & 4 students from Mrs Annandale's class and Year 7 & 8 students from Mrs Hill's class love meeting together to share a love for reading. We meet every week on Fridays sharing songs, our work, visit the library, play games and pray together. As Year 3&4 Teina and Year 7&8 Tuakana, we learn lots from each other.



## Community Clinics

Health New Zealand – Te Whatu Ora in Te Tai Tokerau Northland now has a Community Clinics Calendar on its website.

Clinics listed include: Tamariki Ear Clinics, Youth Health Services, and Immunisations – all available free of charge to school students and their whānau. It allows anyone to browse or filter to find upcoming clinics of interest, throughout the region, as well as information on how to book an appointment if necessary.

To find it, visit: [northlanddhb.org.nz](http://northlanddhb.org.nz) and click on the Community Clinics Calendar tile on the home page.

## Community Clinics Calendar

Online calendar of upcoming free community health clinics:

- B4 School Check
- Cervical Screening
- Immunisations
- Northland Youth Health Services
- Tamariki Ear Clinics

Visit: [northlanddhb.org.nz](http://northlanddhb.org.nz)

Health New Zealand  
Te Whatu Ora

## Sports Uniform Return

Just a quick reminder to please return sports uniforms clean and dry ASAP as we need these for other sports events that are on the calendar. If you find any Excellere Sports t-shirts around your place please return these to the sports office or school office (unless of course you have been assigned one of them for the season for a particular sport - you know who you are).

Otherwise can we have these back as soon as possible. Help keep us looking sharp out there.

- Zola McDonald, Sports Coordinator





## St John Cadets Success

On the 19th of May, Aliyah Jellick (Year 4) completed in the St John District Competitions in Mangawhai, representing the Whangarei Division. At Aliyah's level, scenarios are set up and the Cadets are judged individually, and how they work within their team of three/four cadets.

Aliyah, in her group of three, competed against other teams in the Year 4-6 age group from around Northland. Out of six awards that her team competed for, Aliyah won first place for Caring, Healthy, Games and also came 1st equal in Communication. She came second place in First Aid and Drill. Together with her team, she won the Overall District Champion Award for her age group.

Aliyah has been a member of St John Cadets since Term 4, 2022. Well done Aliyah!



## Year 11 Food and Beverages



In Week 4 the last of the Year 11 students completed their food and beverages course at Northtec. The students learnt the basics in restaurant service and then spent two days serving a three course lunch prepared by the Northtec Level 4 cookery students.

## Blues Emerging Leader Award

Congratulations to Aidan Marais for being nominated and chosen as an emerging leader within their community and with the Blues Charitable Trust. Aidan will be taking part in the Blues leadership program in Auckland starting in June.

Well done Aidan, keep up your great attitude and diligence in sport.

Zola McDonald,  
Sports Coordinator.



## Year 9 Turbo Touch



Turbo Touch was a huge success for our Year 9 mixed team this week. Everyone had a great time displaying their Turbo Touch skills and also learning on

the job. Well done to everyone for their great sportsmanship, we won, lost and drew some games so it was great to have some nice successes there.

Keep up the good work so that we can battle Renew at the end of the term.

- Zola McDonald, Sports Coordinator



P: 0800 120 449 M: 022 393 7887  
E: [lee@balanceadvisors.co.nz](mailto:lee@balanceadvisors.co.nz)  
W: [www.balanceadvisors.co.nz](http://www.balanceadvisors.co.nz)  
A: 11A James Street, Whangarei



Lee Reo  
Financial Advisor

Helping protect what matters

INSURANCE | KIWISAVER | INVESTMENTS | MORTGAGES



## Duke Of Edinburgh—Bream Head 3 Day Hike

Tramping Bream head with DOE Gold.  
What adventures and experiences will unfold?  
Up Mt Lion, all 1200 stairs.  
Lungs burning, eyes filling with tears,  
beautiful views from the summit can be seen,  
Gods great creation, with many shades of green.

Down to the hut, surrounded by native trees.  
Air smelling sweet, a fresh ocean breeze.  
Fishing off the rocks, Miguel caught a big fish.  
Which we later cooked up and served on a makeshift dish.  
Asleep on the bunks, hearing kiwi call at night.  
Too tired from stairs to be given a frigate.

Awaking the next morning to bird calls outside.  
Fuelling for adventures, out far and wide.  
To Reotahi we tramp, feet pounding to their own tune.  
Preparing the way for tomorrow when we tackle a big dune.  
A rock scrabble and dodging gorse and other brush.  
Having lunch with a great view, way better than mush.

Back weary feet turn, the trudge homeward bound.  
Tackling the steep ridge too tired to make a sound.  
Happy back at the hut, Miguel fishing once more,  
building friendships and savouring Gods creation from shore.  
Dawn christens a new day and hope springs eternal.  
Until the stairs reappear they have become infernal.

Legs feeling stronger adapting to the stress.  
Looking forward to more stairs of which there surely cannot be less.  
Finally down Kauri mountain beach stretching away like a galaxy,  
a beach cleanup begins.

Returning Gods creation back to its true reality.  
A good deed done. Pride and satisfaction soaking weary legs.  
Hot food and warm beds, to our bodies they beg.

A cold plunge in the ocean revives the body and soul.  
Dirt and sweat washed away, revived and replenished ready for its next role.  
Jokes, memories, all shared around shared kai,  
Students happy as they wave another day good bye.  
The final day beckons, new adventures await the intrepid boys.  
Mr Jenkins inspires them forth, with tales of adventures and many more joys.

An adventure was had by one and all,  
seeing mighty Kauri and lancewoods so small.  
We are blessed to explore and share this beautiful land,  
with boys now no longer individuals, but a merry band.  
Lessons were learned, new passions discovered,  
And a peak once more, into Gods plan uncovered.

